



BLAZING PADDLES

Newsletter of the
BURLEYGRIFFIN CANOE CLUB

Volume 34 Issue 2 February 2024

Your Committee:

President: Tom Long

Vice President: Laura Kleinrahm

Secretary: Patricia Ashton

Treasurer: Neil Fargher

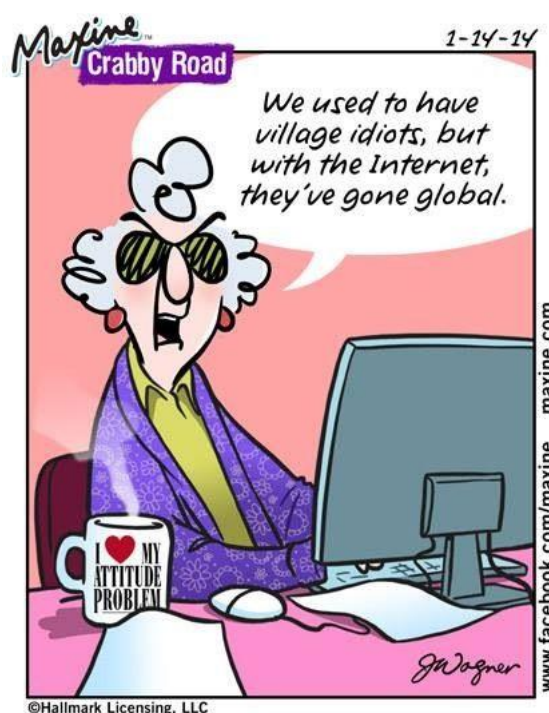
Boat Captain: Colin Calderwood

Membership Secretary: Patricia Ashton

Safety Officer: Margi Bohm

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*The ACT Government assists this organisation through the
Sport & Recreation Grants Program*

Position	Person
Membership Secretary	Patricia Ashton
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Coaches rep	Margi Bohm
Webmaster	Geoff Collett
Boat Captain	Colin Calderwood
Canoe Polo	Laura Kleinrahm
Time Trials	Matilda Stevenson
Marathon	Richard Fox
Event Co-ordinator	Bob Collins
Sprint	Marcelo Cabezas
Slalom - WW	Craig Elliott
Social Convener	Maria Ouvrier
Recreational paddling	

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Coming Events:

- RaceCanberraState Championships 8th, 9th & 10th March 2024
- RaceLane Cove Marathon Series Race 3 ...28th April 2024
- RaceDavistown Marathon Series Race 41st June 2024
- RaceWoronoraMarathon Series Race 522nd June 2024

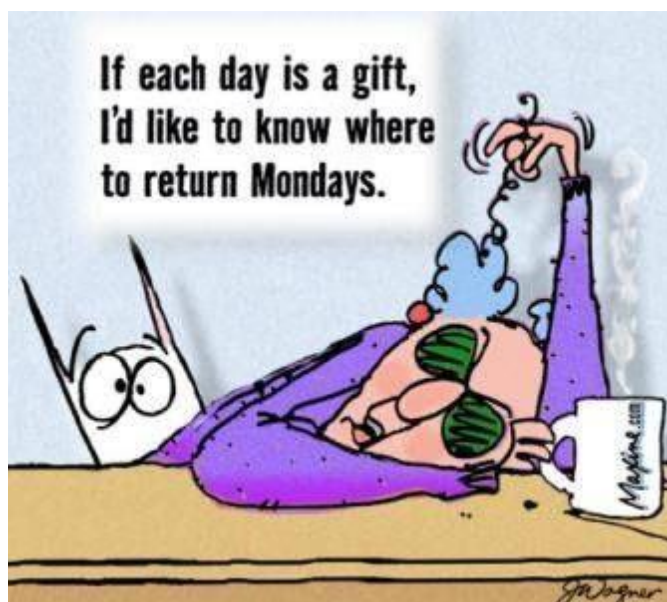
President's Report

Since the last *Blazing Paddles* the club has been tracking along nicely, getting ready for the Canoe Polo Nationals and the PaddleNSW State Marathon championships. With the warmer weather we have also seen an increase in new members and I wish to welcome them to the club. For them and to all of us, I offer this piece of advice: I encourage everyone to build up the habits of paddling so you can find a comfy boat and build those paddling skills. We all need to, because summer is drawing to a close and then as we all know, winter is coming.

Keep paddling and I hope to see everyone at the state championships as there is a new trophy. The "Tongway Trophy" is up for grabs this year and goes to the club with the most participants across all ages, boats, distances. Let's make a solid effort to win it in its' inaugural year as it is named after one of our club's lifelong members.

Regards

Tom.



ACT/NSW State Marathon Championships! HERE, at Molonglo Reach.

See the front page of www.bgcc.org.au

You too can be part of this great event!

Enter a race (or 4).

Volunteer to help prepare the club-grounds

Volunteer to help on race-days

Volunteer to help Maria on the Food Stall

(3x days to choose from)

Help clean up after the events

Race Entry:

<https://www.webscorer.com/register?raceid=338823>

BGCC Community Heroes

It started with a phone call from Paddle Australia to Marcelo ... "Please paddle a C2 at the Oceania Sprint Championships. Any partner would do ... just be at the start line – you don't even have to finish." Marcelo contacted me – I was having a coffee with Ted in Gundagai en route to the Wagga Wagga race. It all sounded very odd.

When we got to Gundagai, I contacted PA. Questions were asked; answers were given. Bottom line was that the C2 500 m event at the Oceania Championships was an Olympic quota event. This means that the Oceania country that wins the race, gets to send a boat to the Olympics; but there is a catch – three countries had to be represented in the race. At that moment, only NZ and Samoa had entered. Australia does not have a C2 combination because PA has been quite vocal in its decision to only select C1 for this Olympics. And,

as unfortunate as it is, one can understand why our small pool of C1 paddlers are concentrating on this event. However, I was surprised to learn that the scholarship C1 paddler (and favourite to be selected for the Olympics) was not interested in helping out by partnering with Marcelo (who incidentally is #2 in the country). How sad, especially since this event is a quota event, not a selection event. The Sprint team for the Olympics will be selected at the National Championships in early March.

So ... what could I do to help? It turns out that BGCC has a perfectly good C2 team in the club – Nick Hocking and Colin Calderwood. I put the proposal to them, and they accepted. PA accepted their generous offer and after a bit of paperwork, the team was registered with ICF as the Australian C2 contender for the Oceania Olympic spot. All of these negotiations were conducted from our motel room in Wagga Wagga with Marcelo as the go-between and general inspirer in Canberra. The plan was to start training straight away ... 10 days to go!

How hard can 500 metres be? Well, if you are balancing on one knee with an average boat age of 65 years (more than twice that of the competition!), it does take a fair bit of effort to prepare, especially given that Nick and Colin would be wearing the Australian racing singlet and representing the Australian C-boat community. No pressure! Furthermore, the start would use the buckets, which are V-shaped holders that drop down when the start gun is fired. It is a daunting scenario for those not used to the system.

But Colin and Nick persevered, and progress was made daily. Nick was the hot-head, raring to go, kneeling in the front position and not without a bit of instability! Colin is the calm one; quietly but firmly directing Nick's energies from behind and maintaining the balance of the crew. They worked well together.

By the morning of the race, Colin and Nick could comfortably race down the course in a straight line at a good speed. Their opposition consisted of two huge NZ kayakers who were sitting and not kneeling but very strong and a sitting and a kneeling Samoan who looked favourites to win. In our favour, the buckets had not been installed due to a blue-green algae outbreak and the starts were hand-held off the start pontoon.

I put my hand up as a boat holder for the session that Nick and Colin were going to race in, and we practised me holding their boat in the hours preceding the race. We were as ready as we would ever be.



Oceania start

The big moment rolled up as did the rescue boat, putting a huge wash across the course at the start that ricocheted back and forth for a few minutes, making things a bit tricky for the Australian boat. But Colin calmly talked Nick into the start gate and there we were. Me holding the back of the C2; Nick and Colin staring down the 500 m course at the start of the Oceania Sprint Championships - representing Australia in the gold and green. WOW what a moment ... but we had very little time to enjoy it ... READY, SET, GO and off they went. The race ended up being neck and neck between NZ and Samoa with NZ eventually winning. Australia came third.

Not many BGCC'ers have won medals at an Oceania Sprint Regatta (there are no Masters at these regattas). Nick and Colin can hold their heads high with their bronze medal, joining Marcelo as our only medal winners. WELL DONE Guys. But most importantly, THANK-YOU for doing the right thing and for putting your hand up to help NZ or Samoa get a spot at the Olympic Games. Sport is about Community and the Olympic Games is supposed to be about bringing nations together in peace. Colin and Nick epitomise that spirit – a spirit sorely lacking among many of our top sportspeople in this day and age. I am proud of you.

Margi



Oceania medal winners, Nick Hocking (Margi Bohm) and Colin Calderwood

Helen Tongway's 2024 return to the Marathon racing world.

After the 2019-20 bushfires, Covid, Covid and more Covid-19, a broken wrist, cataract operations, a death in the family and various other family illnesses, I can finally see some improvement in the chances of paddling in some races again. Not that actually racing is what it is all about for me – after all, I am known as one who goes a long way in a long time. Anything shorter than about 20 km is not worth my attending as I need the first hour of paddling to warm up!

So – Saturday 3rd February, 26 km, Oura Beach to Wagga Beach – GREAT!! Just my sort of paddle. Though seeing flowing water again was a bit worrying, after 4 years on only flat-water around Canberra. However, it only took a km or two to get comfortable again and off I went for a very enjoyable paddle down the Murrumbidgee River. Lovely weather – not too hot, not too windy; plenty of water-flow, so no pebble-races to negotiate; and friendly, helpful paddlers on the banks to get me into my boat – and out again at the finish. This getting old has got whiskers on it, but it sure beats the alternative. Thank-you in particular to Bob and Patricia for transport and Robin for land-crewing. A beaut day out on the water.

Then the next weekend, another trip. This time just with Patricia, who paddled with me in my Mirage 730 (LR2). Sunday 11th February, 26 km, Hume Dam wall to Noreuil Park in Albury – again, GREAT! The Murray River was also flowing nicely, but with more eddies and a few pebble-races showing in places.

However, Patricia and I powered on through the water, reaching (for me) the heady heights of a top speed of 15.6 kph and an average of 12.2 kph!! And we even had enough energy left to up our paddling rate over the last 2 km, trying to burn off a couple of ladies in a TK2. (They were in a different division, so not really racing us.)



A big thank-you to the friendly canoeists who carried to boat to the start; Jason for driving my car to the finish for us; Lucy for the movie of us paddling past the Waterworks Bridge and for Patricia, Lucy and other paddlers prizing me out of the boat at the finish – without dunking me into the river. Then to Andrew and Andy for getting the boat from the river-bank back onto the car. I really appreciate all the help I have received over these two race events.

And to those who haven't yet had a go at paddling in a marathon race – it is a great way to get out onto some different water and to catch up with other paddlers from around the state. If you are not sure about how to enter, get to a race, what to do there or anything about racing – just ask some of the old stagers like me or Patricia or Bob or... many others and we can fill you in and encourage you onto the water. Often there can be car-pooling for transport to the races, to reduce the costs of getting there.

An ideal time to start (or re-start) your racing career is the up-coming PNSW State Marathon Championships, here in the ACT, on our own bit of the Molonglo River. Don't be put off by the "Championships" title. There is an intra-club competition in this, so we need as many club members as we can get in these races. If you are fast – go ICF. If you are less fast – go General. New to paddling – go Novice. A junior – then there is one for you too!

Helen

Don't forget: ACT/NSW State Marathon Championships – 8, 9 & 10 March, 2024

Paddle NSW Marathon Series. Race #1; Wagga Bidgee Bash; 3rd February, 2024

Burley Griffin had a solid showing at the first race of the NSW marathon season with 16 BGCC paddlers making the trip west to Wagga Wagga.

Some discussion was had regarding the accuracy of the pre-race email that suggested that the river was almost a metre lower than the previous year.

By all reports the river was lower, but the rains throughout the end of 2023 had washed away much of the beach areas – so the beaches weren't covered, they just weren't there. The upside of the previously heavy flow was that there wasn't a lot of the boat-killing snags which had been present in previous years.



At Oura Beach, starting area

It was also hot. With temperatures in the low 30s for the entire race.

Regardless, the river was flowing and high or low, BGCC did well across many of the divisions.

Well done, team. That's a lot of points to start the marathon year.

Also, welcome Lily Warrick and Laura Lee, neither are new to paddling but are new to our club. Lily, in her first race for a while, launched down the river in her ski in Division eight and Laura, a great coup for us in securing her from Windsor, placed 4th in Division two.

Results for BGCC Paddlers:

Race 1	Wagga			
Division	Placing	Name	Time	Club Points
1	2	Matt Gates	1:33:40	
	3	Craig Elliott	1:34:30	
	7	Mark Halpin	1:38:38	<u>197</u>
2	4	Laura Lee	1:53:24	<u>97</u>
3	3	Larissa Cleverly	1:48:08	<u>98</u>
4	4	Andrew Webber	1:48:37	<u>97</u>
5	2	Patricia Ashton/Bob Collins	1:51:40	<u>99</u>
6	1	Andy Osborne	1:54:05	
	4	David Abela/Scott MacWilliam	2:12:56	<u>197</u>
7	7	Helen Tongway	2:20:33	ranking
8	2	Margi Bohm	1:12:37	
	7	Lily Warrick	1:16:37	<u>193</u>
13	1	Karla Palacek	0:37:01	
	2	Lucy Imeson	0:38:39	<u>199</u>

[You can view some of the river/race here: <https://www.youtube.com/watch?v=YwOEDCGdQSY>]

Oura Beach: the starting place



The Bidgee Dash.

Many of the competitors stayed overnight, partly to catch up at the pub, but mostly so that they could enter the Bidgee Dash on Sunday morning.

Where Saturday's Bidgee Bash has club points and series standings in play, Sunday's Bidgee DASH had cash prizes involved. Not enough to go pro, but some bucks to cover fuel for the weekend.

It also brings out some hilarious, but also questionable, racing tactics. However, as there aren't any sheep stations on offer, no protests even looked like being raised.

The dash involves three races of 2x 1km laps on the Murrumbidgee. Downstream is fast, upstream is like paddling in a pudding. Handicaps based on the previous days' time staggered the start in race one; then were recalculated for race 2; then again for the final race.

It's a system that ultimately and hilariously, has everyone hit the final single-buoy turn in race three at almost exactly the same time.

20 boats of all kinds. Down river. All trying to get around one lonely polystyrene ball.

Mayhem!

By the end of the race, most of the locals who had come down for a quick swim before the day really heated up were seen standing along the bank cheering the paddlers on. One of the accidental spectators was heard saying "I don't know what the **** is happening out there, but it's as much fun to watch as any sport I've seen on TV in ages!".

BGCC did pretty well. Margi worked some strategy magic and got 3rd overall, Craig "Mr Consistent" Elliott got an envelope for posting almost identical times across all three races, and Lucy managed to get an envelope of her own for having her race number randomly drawn.

Other BGCC members taking part/having fun were: Larissa Cleverly, Laura Lee, Andy Osborne (and me.)

An excellent weekend of racing, a great way to start off the marathon year, and all supremely well organised by the Wagga-Bidgee Canoe Club.

No matter what you paddle, it's worth adding it to your list of things to do next January. Make a weekend of it. Make some friends, reconnect with old ones... and maybe settle some scores in Sunday's Dash if you got sharked this year.

Andrew Webber



Frank Harrison Interstate Marathon Cup: Murray River, Albury. 10/11 February 2024.

Also known as the Frank Harrison Memorial Race, it's been held each year in varying formats since 1979.

While the original race was held over a course that had paddlers going upstream and then returning, someone back in the 1990s decided a full down river course might be more popular.

The added component is the Interstate competition, where participation and performance add to a pool of points – the state with the most points wins the perpetual trophy.

Unfortunately, the scheduling gods were against NSW/ACT. With so many having made the trek down to Wagga Wagga the previous weekend, the fast turnaround made it impractical for most to drive back just five days later.

The Makai Cup at Ulladulla was also a clash. So, from the get-go, Victoria pretty much had the interstate thing wrapped up.

As a result, BGCC didn't have the numbers that we'd enjoyed at Wagga, but still had six paddlers across the divisions.



Hume weir: 26 km race start area

Saturday races: Singles. 81 paddlers

Weir Wall to Albury: 26 km - Divs 1-4, TC1, and UC1.

Waterworks to Albury: 16 km – Divs 5-7, Para-adaptive, and Single-blade open.

Arriving at the start of the 26 km race, the first thing most paddlers noticed was the amount of water being released from the dam. The river was moving and the many tributaries that feed into the Murray downstream of the start made for some strong eddies that, while not catching anyone out, did make for some interesting course choices.

Choosing to push closer to the bank might help avoid the eddies and shorten the course, but also created the risk of hitting the shallows and great areas of slack water. The smart

money for most was to stay in the current and bite off a corner or two when the opportunity arose.

Temps in the early 30s meant hydration was key; and clear sunny skies had racers reaching into their bags for the bigger hat and another handful of sunscreen.

Excellent efforts by all. The hot conditions making the post-race dip in the river all the more rewarding.

After the race, pizza at the community pizza oven was enjoyed by many of the competitors.

For those that were done for the weekend it was a time of pizza, beer, and merriment. For others it was about pizza, hydration, and talk of strategies for the doubles race that started at 10am the following day.

The 4 BGCC team members for **Saturday** were:

Michael Hanemaayer in Div 1, in a stacked combined Div 1,2 and 3.

Andrew (Andy) Osborne, Div 4.

Andrew (Drew) Webber, Div 4 – **2nd Place**.

Lucy Imeson, Div 7.



Figure 1: The Murray crew

Sunday Races: Doubles. 34 teams

Weir Wall to Albury, 26 km - Divs 1 and 4, TC2 Open, and TC2 W/X.

Waterworks to Albury, 16 km – Divs 5 and 7, Single Blade open.

BGCC floated two just two boats for the doubles race, both in Div 4. Andy and Drew in the Double Ski, Helen and Patricia in the Mirage 730. 26 km, run over the same course, though in slightly cooler conditions and with a little more room on the start line.

The Andrews had only one hour together in a boat a few weeks before the race, but it was enough time for them to work out that they weren't likely to murder each other (they don't call them divorce boats for no reason). Digging in from the start, they found themselves in second place behind the local Div 4 favourites.

Running aground didn't do them any favours, but they managed to catch the leaders again with about 6 km to go – making a move in the last mile that saw them hit the line first, with the K2 of the race favourites hard on the stern of their ski.

Helen and Patricia came in in a solid 4th position having clearly enjoyed their race.

Congratulations to everyone who took part, particularly those who backed up from the marathon season opener just one week before.

It's worth noting that, during the presentations, the race organisers acknowledged that more collaboration was needed between VIC and NSW to try and limit the clashes in racing schedules so that more people can come and enjoy an excellent weekend of racing.

Thanks to the Mitta Mitta Canoe Club for an excellent event.

Special thanks to:

Andy O, who schlepped many of the boats down to the event on the club trailer, competed, then schlepped them all back again.

Karma and Lucy, for support and logistics on Saturday and Sunday respectively. And surprise start line guest, Jason Rantall for coaching and racing tips, mid-race cheering from the middle of the river at waterworks on Saturday and helping Patricia and Helen with car shuffling on Sunday.

For those that didn't make it this year, it's definitely another race to put on the calendar.

Frank Harrison Singles

1	5	Michael Hanemaayer	1:42:43
4	2	Andrew Webber	1:56:17
	12	Andy Osborne	2:07:24
7	7	Lucy Imeson	1:22:45

Doubles

4	1	Andrew Webber & Andy Osborne	1:50:31
	4	Helen Tongway & Patricia Ashton	2:08:49



Left: The two Andrews

Below: Murray River start



Canoe Polo

Hello world, I hope you all enjoyed a romance fuelled Valentine's Day with your one true love, Canoe Polo! With warm evenings and sunny Saturdays, our love is at peak intensity, making the most of the toasty conditions as we return to competition.

TOP SECRET, NOT TO BE RELEASED TO RIVAL STATES*

Part of our secret sauce to success has been partaking in weekly Park runs, birthday cupcakes and potentially consuming more sausages than we sold at Bunnings BBQs. This weekend the Territorians will venture to the bright country lights of Nagambie, (in Victoria a bit south of Shepparton) aptly*renowned as the Horse Capital of Australia! In addition to its two pubs and an IGA, Nagambie is also the location for the third Summer Series event, which serves as the first selection event for the World Championships. Eight BGCC athletes will be attending National Squad Training Camps on Friday, and some of you may have even spotted the Women's Squad members getting into the mood with fitness testing earlier this week. Once Nagambie is ticked off we'll be full steam ahead for the Nationals hosted by the place to be, BGCC !!. An exciting month of goal painting, gardening, lane-rope construction and tip-tapping on the computer-ma-bob awaits. Plus doing a bit of training as we seek to retain our crowns in a rough-n-tough field.

Interested in trying polo? Flick me an email - laurakleinrahm3@gmail.com and waddle on down to one of our Saturday 10 a.m. sessions!

Laura



Left: Saturday Run Club - Bane, Shay, Laura, Adam and Caitie starting their weekend right - dying on a 5 km course



Right: AUS Squad Girls smashing their run testing- Jess, Laura, Caitie, Wendy and Cathy



Left: Birthday Girlie Shay



Right: Shay hard at work for our Bunnings Sausage Sizzle

Coming up: ACT/NSW State Marathon Championships – Act Now!

Windsor Regatta (PNSW RACE #2), 25th February, 2024

Windsor, a name commonly linked to a British royal house and currently the reigning house of the United Kingdom and the other Commonwealth realms.

It was also the venue for a 'right royal excellent' regatta, the second NSW marathon regatta of the 2024 season held on Sunday 25th February.

The gods were very kind with their gifts on this day, bestowing upon the location a beautiful sunny morning with a gentle breeze ruffling the placid waters.

One hundred and fifteen boats took full advantage of the conditions and some fast times were recorded for the paddlers.

BGCC were well represented by thirteen paddlers with some good results recorded.

See below:

Div 1	3 rd place	Craig Elliot	1:34:59	194 points
	5 th place	Michael Hanemaayer	1:35:28	
	7 th place	Mark Halpin	1:38:02	
Div 2	4 th place	Laura Lee	1:46:44	97 points
Div 4	2 nd place	Andrew Webber	1:52:44	189 points
	11 th place	Domonic Hides	2:01:58	
Div 5	2 nd place	Patricia Ashton/Bob Collins	1:57:38	99 points
Div 6	3 rd place	Andrew Osborne	2:04:38	98 points
Div 7	6 th place	Helen Tongway	2:38:53	95 points
Div 8	3 rd place	Margi Bohm	1:26:15	194 points
	5 th place	Richard Fox	1:27:19	
Div 13	3 rd place	Robert Bruce	0:34:43	98 points

XX

Everyone is invited to the **2024 Paddle ACT/NSW Canoe Marathon State Championships** to be held over the Canberra Day Weekend 08-10 March 2024; hosted by Burley Griffin Canoe Club, on the beautiful Molonglo River. This year PNSW is aiming for a new-look, everyone welcome, friendly Marathon State Championships: the States with Mates event!

Enter by via WebScorer: [PNSW Marathon Championships Entry](#) and receive a "States with Mates" T-shirt. **ALL entries close 6 March**. This is a big event for BGCC to organise - and many volunteers are needed to make it all run smoothly. To see how you can contribute to your club, your sport, check out the list below ([by clicking on the heading above](#).) For some of the more formal volunteer positions, Margi will be holding an information session on the weekend before the event, so you can add another proficiency to your bow! But if you are still not feeling adequately ready for the job, we will be able to apprentice you to a more experienced club member to get the jobs done. To volunteer, email info@bgcc.org.au

XX

Hey all,

Elizabeth Blower is on a mission and will be rowing for 24 hours to help raise funds for a new racing 'eight' boat for the ANUBC Women's Squad. This will be setting a Canberra record!

For more details: [One woman, one boat, 24 hours – Elizabeth is on a mission to set a Canberra record | Riotact \(the-riotact.com\)](#)

She'll be kicking off at 9 a.m. on the 9th March from Sullivan's Creek and will be rowing back and forth across Lake Burley Griffin until 9am the following morning.

As always, please be mindful of other lake users and follow the usual traffic flow at all times. If you spot her, please cheer her on!



About ENHANCE Healthcare:



Enhance Healthcare was established by **Peter Garbutt** and **Celina Miller** in 2001, initially providing Massage and Chiropractic Services to the Gungahlin and Canberra community.

Over the past 15 years, our service offering has increased to include;

- **Acupuncture;**
- **Soft Tissue Therapy;**
- **Chinese Herbal Medicine;**
- **Chiropractic and Massage Therapy;**
- **Physiotherapy**

Email: healthcare@enhance.com.au

Book online: <https://enhance.janeapp.com.au/login>

Mitchell: (02) 6241 6060

Denman: (02) 6287 1377

Our business is built with the customer at the forefront of everything we do. We have established a highly skilled and professional team, across multiple disciplines with the specific view of delivering the best possible client outcomes.

At Enhance Healthcare we listen to our clients, diagnose the problem properly and utilise the combined skills of the ENHANCE team to resolve whatever the problem may be. We then follow up to ensure our clients are happy with outcomes

Pete Garbutt is also a long-time member of the Burley Griffin Canoe Club

Denman Prospect Clinic Address

Shop 25, 3 Felstead Vista,
Denman Prospect ACT 2611

Mitchell Clinic Address:

Unit 10, Level 1 141 Flemington Rd
Mitchell, Canberra ACT, 2912

Opening Hours:

Monday	5am – 8pm	Tuesday	7am – 7pm	Wednesday	7am – 8pm
Thursday	7am – 7pm	Friday	7am – 6pm	Saturday	10am – 4pm
Sunday	10am – 4pm (Mitchell only)				

Marketplace

For Sale

Sladecraft Sonic for sale: 5.8m long. 46cm wide 15kg \$700

Good condition, some cracks on the back deck – doesn't affect performance – been there for at least 8 years. Good kayak for marathon racing or fitness. More stable than a K1 46cm.

Contact Patricia

patricia.ashton@gmail.com



For Sale: Mirage 532 IRT 16kg. Suit Small to Medium paddler
 Only used a few times. Selling due to long-term injury. Kayak and trolley will sell for \$3,900 (no cockpit cover available). Paddle \$300. Contact Jenny 0468 645 670



MIRAGE <i>Sea Kayaks</i>		TAX INVOICE	
The Paddle Group Australia Pty Ltd Unit 10, 14-16 Stockyard Place Gosford West NSW 2250 Australia Phone: 02 4324 1922 Fax: 02 4324 1886 E-mail: info@mirageseakayaks.com.au ABN: 25 119 049 697			
TO:	Jenny Lyngstad Canberra 0468 645 670	INVOICE NO:	PGA 1254
	16/3/22	DATE:	
QUANTITY	DESCRIPTION	UNIT PRICE inc gst	TOTAL inc gst
1	532 IRT Feather light coke red deck / white hull	\$4,850.00	\$4,850.00
1	carry handles	\$25.00	\$25.00
1	Mako ST Carbon paddle	\$575.00	\$575.00
1	kayak trolley	\$150.00	\$150.00
1	cockpit cover	\$75.00	\$75.00
		TOTAL	\$5,675.00
		GST INCLUDED	\$515.91
		Deposit	
		BALANCE	\$5,675.00

Wednesday afternoon/evening Time Trials

Every Wednesday afternoon/evening – until the end of Daylight-savings time

Come along and join in the fun! First handicap start was on 21st February, so now we have your time for a lap, we can stage the starts so everyone can race to improve their own paddling speed.

First start is usually at 6 p.m.

And once a month – a fabulous “Maria Meal” is available to buy afterwards. Yum!

Recreational Paddling

Recreational Paddling/South Coast Waterways Touring

The Eurobodalla Kayakers organise fortnightly kayak touring trips along different waterways between Narooma and Bateman's Bay. It's a great way to enjoy nature and explore coastal waterways with experienced paddlers.

There is no fee to participate and trip maps for each trip are available from the website: www.eurobodallerkayakers.com - or you can just turn up at the meeting spot and simply follow the leader.

The trips average 12 km in length, suit stable craft such as sea kayaks, and there's a 30 min stop for BYO morning tea.

Most trips are round-trip paddles and have been well-planned to favourably factor in tidal movement.

Send an e-mail to eurobodallakayakers@gmail.com to request being added to their mailing list to get detailed information about each upcoming paddle.

You need to be able to comfortably paddle 12 km (if I can do it, you can), have the usual safety equipment and be reasonably self-sufficient on the water. Hope to see you there.

BGCC contact Yvonne Best, thewritestuff007@gmail.com, 0423 118 990.

Yvonne Best

thewritestuff007@gmail.com

Phone 0423 118 990

Thank you to all contributors to this edition of Blazing Paddles.

If you have contributions for the next edition, please get in touch robertba28@gmail.com